



# LIGA NEWS

Electronic Newsletter of the Liga Medicorum Homoeopathica Internationalis • No. 11 • March 2014

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## Call for election

Dear colleagues, as our current secretary for PR, Dr. Sara Eames, decided for personal reasons to step down from her position we need to have in Paris during the IC meeting, on 15 of July, a new election for the next Secretary of PR who will work until the end of this term 2013-2016.

As it is an extraordinary situation, we would suggest to apply very motivated colleagues, considering that this position is of crucial importance for our association. We need a person very skilled in the political work, in the work of PR, knowing LMHI mechanisms and with Love for our association life. In our opinion it could be advisable to apply people who are already involved in the LMHI PR Working Group, because they already have experience to deal with such a work and possibly coming from countries without other members in the Board of the LMHI, in order to avoid a concentration of power in a single country. Anyway we are open to any solution and happy to solve this problem in the best possible way.

The procedure for this election is defined as follow: "three months prior the Election, the candidate for the post must send in writing to the LMHI General Secretary his/her curriculum vitae and the reasons for standing for the post.

(These documents should be sent to LMHI Prime General Secretary Dr. Jelka Milic jelka.milic@hi.t-com.hr by 15 April 2014)

On behalf of the LMHI board, Renzo Galassi - President

## Dear Colleagues, Dear friends,

It's a pleasure for me to inform you that we start today with a new style of our e-magazine, "the Liga News". Under the supervision of our new Newsletter secretary, Dr. Richard Hiltner, we are glad to give you this new issue. A special thanks is for the members of the Newsletter Working Group: Dr.Sandra Chase (USA), Dr. Gustavo Dominici (Italy), Dr. Fernando Francois Flores (Mexico), Dr. Pietro Gulia (Italy), Dr. Levent Buda (Turkey) and our secretary Ms. Evin Turkey (Turkey). The group is open and anyone can join, we need people for this wonderful work.

Accepting the advice of all the NVP I met in Quito, during my personal meeting with all of them, we decided to enrich our magazine with some articles on clinical and scientific aspects. This issue will show us a project on Materia Medica, with an article written by Dr Klaus Henning Gypser (Germany) for the Liga congress of 2011 in Delhi.

We will visit, each issue, a different country of the world, changing continents every time. This time we will fly to South Africa and thanks to the collaboration of our coordinator for Provings, prof. Ashley Ross, we will meet our local colleagues.

From 6 to 11 of April I will fly to Spain for the celebration of Hahnemann Day. Our NVP for Spain, Dr. Antonio Marques explains the schedule of events. Dr. Philippe Servais introduces the upcoming world Liga Congress of Paris from 16 to 19 of July.

We introduce our new Secretary Evin Turkey who I recently met in Istanbul. It was a wonderful and rewarding meeting. We have planned our future work and I was pleased with her skills. Our secretariat is indeed in good hands!

We start with a rubric of History, with information about the clinical approach to the patients of the Old Masters of our Medicine and we have the pleasure to have this important topic offered by Dr. André Saine.

We will share some news that we receive from different parts of the world and some information about national congresses that are sent to our office.

You'll find a new chapter, called Quiz corner, dedicated to the young colleagues with questions about important topics of our profession and in the next issue you will find the solutions.

A very important topic in this issue is "CALL FOR ELECTION".

Well, after emotional introduction of the next Liga news issue, I want to share with you some thoughts.



## Welcome from the Editor

Dear colleagues, as the new Editor of the LMHI Newsletter, I wish to thank the last Editor, Carolyn Geiser. Her expertise, devotion and love of homeopathy were prominent and were much enjoyed by all at the LMHI.

Welcome to the new Secretary of the LMHI, Evin Turkay who will be an excellent replacement.

Much thanks must also be given to our enthusiastic and well informed President, Renzo Galassi.

One of the most important goals of this LMHI Newsletter will be to continue the excellence of Hahneman by emphasizing the holistic knowledge of the Organon, Chronic Diseases and the Materia Medica Pura. We must always realize that Hahneman considered the human being in regard to analyzing the importance of the ethical, moral, mental, emotional and physical aspects.

Another goal will be to distribute the LMHI Newsletter to a larger number of Health Professionals. This will be done by obtaining the email addresses from each National Vice-President of many organizations and persons in the various medical fields. The Executive Committee and the International Committee will be discussing the feasibility of obtaining donations for the Newsletter as well as the LIGA Letter. The LMHI Newsletter will help in whatever way to work with the projected LMHI new goals and programs which will be delineated by Renzo Galassi.

Looking forward to any suggestions from my colleagues. Hope to see you all in Paris. All the best.

Dr. Richard Hiltner

Over the last months I had the possibility to exchange ideas and communication with colleagues from every corner of the world. I have to say that although we have a wonderful Homeopathic fellowship, I can realize that in many cases the spirit and the Love for our Medicine has changed. I love to read old Homeopathic magazines and the lives and biographies of our old Masters. They were so fond of their work and so involved in the study of the Medicine that could allow them to cure the sufferers, that nothing else was important. The group of Homeopathic colleagues was considered as a big family. Also in case of competition among doctors in the same town, there was a great solidarity in difficult situations. Two giants of our Medicine like Constantine Hering and Adolph Von Lippe, working in the same town and in a sort of competition, when they would fall ill they ran to the house of the other to give relief with a well chosen remedy. Once Dr Hering had a very painful attack of hemorrhoids that confined him to bed. Dr. Lippe ran to his house and after a careful study, prescribed Causticum, one dose, and admonished him to await the action for three days. Hering fell into a sweet sleep, lasting several hours, from which he awakened well. Once Dr. Lippe was greatly prostrated by an attack of typhoid fever. The great Dr. Henry N. Guernsey was afraid he wouldn't be able to help him and repaired to Dr. Hering who said: "Dr. Lippe must not die yet, I will go with you to visit him." For over an hour, with book in hand, he applied his great mind to the case and finally declared Silicea to be the remedy. Dr. Lippe was soon cured!

This is the spirit that has to push our fraternity! Run to the bed of our ill brother.

Metaphorically we can see this run to the bed of our ill colleague, as the help that we can give to our colleagues from countries with political, cultural or financial difficulties. For this purpose the Liga was created. For this reason the members of the Liga's board are working several hours per day, trying to reach the most unfortunate colleagues, trying to do something for all of them. Our association was founded to reach every corner of the world, all the sons of Hahnemann together to help each other with Love, sharing our knowledge and using our welfare coming from our homeopathic work also to help the less successful ones. This is Love. Selflessness. Balance. Too many times, over the last months, I have heard colleagues closing themselves in selfish consideration, with no desire to participate in our global project, closing the door to the request of help from our brothers. I hope to see a better attitude in the near future, I hope that our wise ancestors will inspire us to do our best for our fellow creatures.

I want to close my editorial with a thought about our Master Hahnemann. In three months we will be in Paris, the last stop of his long "trip". In spite of his old age, he was able to give impulse there to his scientific life. He had an extraordinarily successful clinical period there and left us some astonishing innovations, first of all the sixth edition of the Organon, the LM/Q potencies etc. I want to invite all of you to approach the date of the Congress with a sort of spiritual preparation. Especially the youngest colleagues, try to read from now to that date the last edition of Hahnemann's Organon, in order to better judge the papers that will be presented in Paris, in order to understand if the principles of Hahnemannian Medicine are respected or completely forgotten. We, as sons and daughters of Hahnemann, have

the enormous responsibility to preserve the spirit and the truth of this unique way of curing the sufferers. We mustn't forget his advice to "imitate him in the best possible way". Good bye until the next issue, I hope in two months, a big hug,



Dr. Renzo Galassi – LMHI President



## 69<sup>th</sup> LMHI Congress 2014

16<sup>th</sup> to July 19<sup>th</sup> 2014

The whole community of French homeopathic doctors invite you to the: 69th Congress of Liga Medicorum Homoeopathica Internationalis in Paris! From July 16th to July 19th 2014, at the "Palais des Congrès"

LMHI Congress 2014 Organizing Committee:  
 Claude Binard, Philippe Servais, François Gassin, Yves Maillé

Congress Website:  
 Presentation, registration, abstracts, registration, newsletter subscription, ...  
[www.lmhi2014.org](http://www.lmhi2014.org)

Central Theme of the Congress:  
 Homoeopathy on the move  
 Strategies and criteria for healing  
 Are there for you, Homoeopaths, various levels of healing?  
 Which strategies are you applying in your practice?

It is for you a unique opportunity to meet homeopathic doctors from the whole world and to share your knowledge and expertise.

We rely on all of you for carrying on this debate.

Therefore, many clinical cases will be presented according to various methodologies.

This Congress, focusing on the clinical approach, will allow us to listen to the experience and strategic vision of the main actors of present day homoeopathy.

The mission of the annual LMHI Congress is to gather homeopaths from the whole world. This is our wish and our objective.

PS: Inhabitants of low to upper-middle income countries (and members of LMHI) can register at a preferential fee.



**Dr. Philippe Servais**

## 2014. International Day of Homeopathy. Spain

7-10 April 2014



**Dr. Antonio F. Marqués Arpa.**  
 NVP Spain LMHI.

For this year, Spain will be the host country and we are organizing a program of activities in more than twenty cities.

The first official events will be in Seville (7th), Barcelona (8th), Madrid (9th) and Tenerife (10th). Dr. Renzo Galassi, President of the LMHI, will participate in all of them, and Dr. Thomas Peinbauer will participate in Madrid too. In Tenerife, 10th, there will be a public Conference in which the President of the Canary Parliament will participate.

The support for Spain as a host country by the LMHI and the solidarity demonstrated by the ECH are very convenient at this moment, because it reappears public and governmental events related with Homeopathy. Moreover, it is important to mention that now it is a moment in which all the Spanish homeopathic associations are very united.

Antonio F. Marqués Arpa.  
 NVP Spain LMHI.

# A Letter from Hahnemann

The following letter from Hahnemann is part of a long series of letters he wrote to the same patient between 1793 and 1805. It is interesting to note that Hahnemann provided many advises to this 40 year-old patient who would eventually live to the ripe age of 92. Conrad Wesselhoeft, who translated this letter, commented, "Was not this a triumph of a physician whose advice to a patient was to live calmly in order to attain old age?" Even though Hahnemann was only 44 years old when he wrote this letter he was obviously and already a very wise man. I retain the following six remarkable sentences from this letter:



**Dr. André Saine**

1. "... a worried mind destroys the body."
2. "If you are a philosopher, you may become healthy, and live to be old."
3. "Enjoyment, peaceful mental and bodily enjoyment,—that is what man is created for upon earth; and only to toil hard enough to procure this enjoyment, but not make a slave of himself."
4. "One who can keep calm and cool, and can take things easily, will better accomplish his object; he will live more quietly and healthfully, and grow old. At the same time, a calm person of this kind may sometimes succeed in giving a much more favorable turn to his worldly affairs by a single lucky hit, or a serious original thought, than would be likely to occur to a busybody who never allows himself to collect his wits."
5. "You will not be a man until you have first acquired a certain degree of equanimity, coolness, and careless indifference."
6. "Thus one day follows another with measured pace, until the last day of great old age puts an end to your well-spent life, and you are permitted to awake as calmly in the other world as you lived calmly in this."

Just imagine if we, as well as our patients, would learn to seek equanimity in every step of our lives. Remember what Pierre Schmidt would tell his students, "If you are only, you are not," or in other words, if you only study homeopathy you can't be a good homeopath.

Hamburg, July 27, 1800

My DEAR MR. \_\_\_\_, It is true that I am about to remove to Hamburg, but it need not trouble you. If you do not object to a few groschen of postage, I shall be at your service there with my advice. By simply addressing me at Hamburg, the postman will know how to find me. But now I must tell you that you are pursuing: the best

course for the recovery of your health, and that most obstacles to that end have been removed. But one obstacle still remains, and this has caused your last relapse. Man (that is, the very destructible mechanism of man) in this world is not intended to overwork himself, nor to go beyond the measure of his strength by exaggerating the rate of his activity. If he does so, either from ambition or avarice, or from other good or evil motives, he acts in opposition to

nature, and his body declines and deteriorates; especially in the case of a body already weakened. Finish in two weeks whatever you cannot finish in one. Those who will not wait cannot be so unfair as to expect you miserably to drag yourself to the brink of the grave by toil, and to make a widow of your wife and orphans of your children. You are injured not alone by working more rapidly and by greater bodily exertion, but far more by the greater mental strain; for a worried mind destroys the body. If you do not provide yourself with a goodly store of equanimity (a motto: first live for yourself, and then for others), your recovery will not amount to much. When you are buried, people will still wear clothes; though, perhaps, not so tastefully made, yet they will make themselves comfortable.

But if you are a philosopher, you may become healthy, and live to be old. Do not listen to vexatious talk. If any thing is too hard for you, do not attempt it. If they hurry you, go slowly, and laugh at foolish people who seek your misfortune. Finish only what you can do with ease. Do not trouble yourself about what you cannot accomplish.

Our temporal circumstances are not improved by rushing work; for, if you use up all you gain in that way, you will have nothing left after all. Economy in cutting down every thing superfluous (of which the hardest worker often enjoys the least) places us in a position to live in greater comfort, that is, more rationally, carefully, naturally, cheerfully, calmly, and healthfully. This would certainly be more to our credit, and a much wiser course, than the breathless hurry and tension of our nerves far beyond their natural endurance, destroying the most valuable treasure of our lives,—a cheerful disposition and good health.

Be wiser, my dear sir, and be sure to think first of yourself, and let all other considerations be of secondary importance. Even if people should: by attacking your sense of honor, endeavor to compel you to go beyond your strength of mind and body, do not, for God's sake, allow yourself to be cajoled to act against your own interest. Turn a deaf ear to all attempts to bribe you by praise, and keep cool as you go along leisurely and calmly, like a wise and sensible man. Enjoyment, peaceful mental and bodily enjoyment,—that is what man is created for upon earth;

and only to toil hard enough to procure this enjoyment, but not to make a slave of himself.

The covetous hurry and strife of blind humanity in pursuit of wealth and position, and its eagerness to win favors, are the ordinary causes of ruin of our true welfare; and these are the common causes of the early decline and premature death of many young people.

One who can keep calm and cool, and can take things easily, will better accomplish his object; he will live more quietly and healthfully, and grow old. At the same time, a calm person of this kind may sometimes succeed in giving a much more favorable turn to his worldly affairs by a single lucky hit, or a serious original thought, than would be likely to occur to a busybody who never allows himself to collect his wits.

Mere swiftness is not endurance. You will not be a man until you have first acquired a certain degree of equanimity, coolness, and careless indifference. Possessing these, you will be astonished to see how your health improves while obeying the other directions. For then your blood will flow gently through your arteries, without pressure or heat; no frightful dreams will disturb your nerves when you have gone to sleep without nervous excitement. Free from cares, you will awake in the morning without anxiety concerning the manifold duties of the day. What do you care, as long as the joy of living takes precedence in your mind? Refreshed, you will begin your moderate task, and at mealtimes nothing (neither rush of blood, nor cares, nor deep thought) will prevent you from enjoying to your heart's content whatever the good Giver of life has provided for you. Thus one day follows another with measured pace, until the last day of great old age puts an end to your well-spent life, and you are permitted to awake as calmly in the other world as you lived calmly in this.

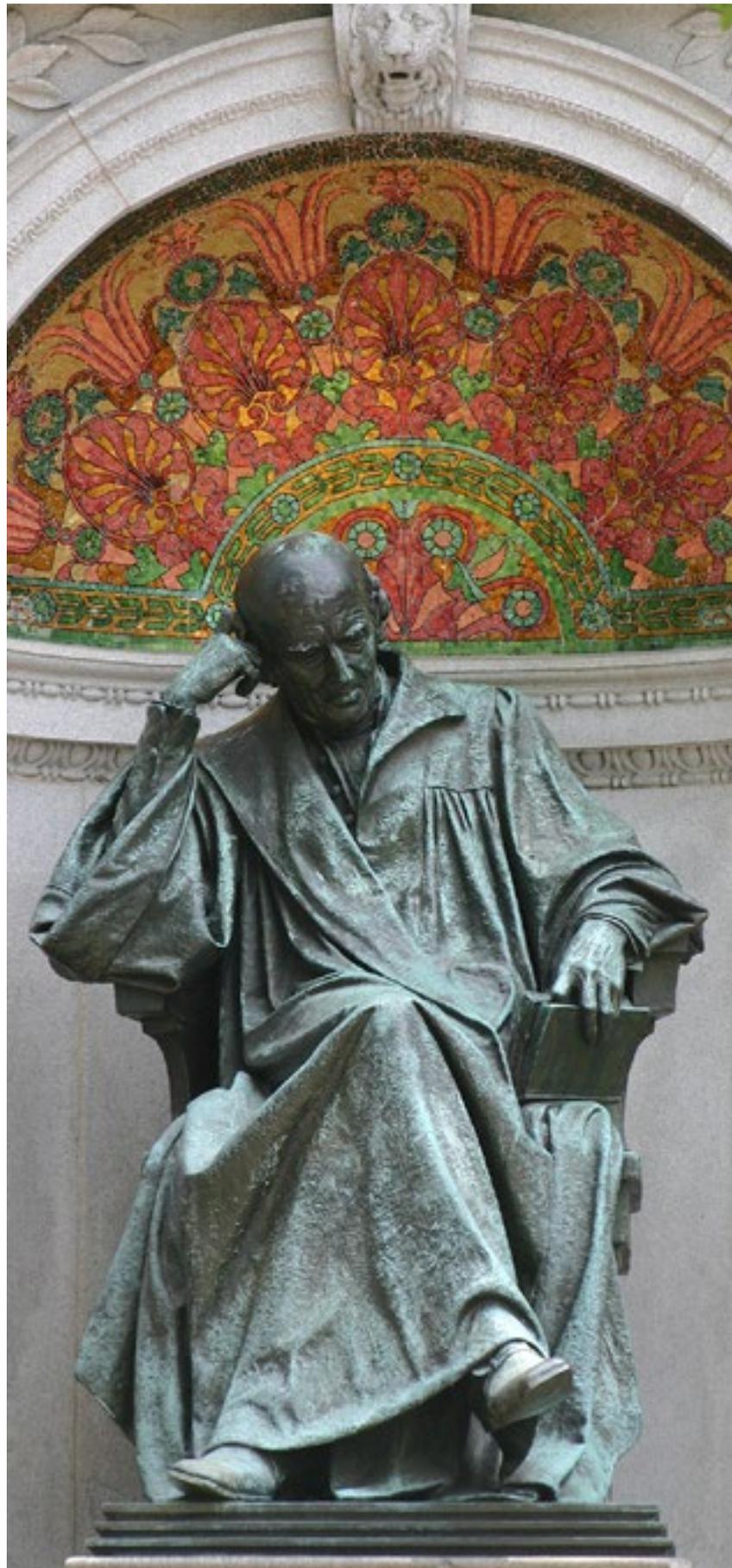
Now, my dear Mr. \_\_\_\_, is not this wiser and more reasonable? Do not trouble yourself about those restless people who in their self-destructiveness are ruthlessly and murderously waging war against themselves. Let them be fools if they want to; but take a wiser course yourself, and do not suffer me to preach worldly wisdom to you in vain. I have your welfare at heart.

Farewell. Follow my precepts, and even in the midst of happiness,  
think of Dr. S. Hahnemann

P.S. — Even if you had your last two groschen in your pocket, you should be happy and cheerful. Providence guides our steps and permits us to find compensation for losses. How much do we mortals need in order to live to replenish our strength with food and drink, and to protect our bodies against cold and heat? We need scarcely more than good courage; the rest of less necessary comforts are then obtained without much trouble. A wise man needs but little. Strength which is saved needs not to be replaced by medicines.

*This series of letters was published by Dr. Bernard Schuchardt in 1886 (Briefe Hahnemann's an einen Patienten: aus den Jahren 1793-1805. Bisher noch nicht veröffentlicht. Mit Einleitung und Anmerkungen herausgegeben von Bernhard Schuchardt. Tübingen: Laupp, 1886.). The one reproduced here was undated. However, as Hahnemann move to Hamburg about in September of 1799, we can assume that it was written in the summer of 1799.*

*Samuel Hahnemann. A letter of Hahnemann. Translated by Dr. Conrad Wesselhoeft. New England Medical Gazette 1887; 22: 104-107.*



## The Revision of Our Materia Medica

It was to the great Constantin Hering (1800-1880) to found the AMERICAN INSTITUTE OF HOMOEOPATHY in 1844. He did this for one major reason, and that was the revision of the materia medica. Why did that seem necessary to him in an early stage of homoeopathy more than one and a half centuries ago? Because even in those days with a very limited number of provings and clinical experiences no practitioner had access to all these data brought forth in homoeopathy. Clinical symptoms available from case-histories and provings were spread over a vast number of monographs and periodicals. There was no central work for the practitioner containing everything.

Can you imagine the situation of today? Later about that - we will proceed step by step in chronological order.

What was available regarding primary source material on materia medica in 1844? The term "primary source material" refers to the very first publication of provings as well as of clinical symptoms. It is not used for any short-cut extractions of proving or clinical symptoms. The latter are called secondary, and to give an example for these we could mention the "Synoptic Key" of Boger, the "Lectures on Materia Medica" by Dunham, Farrington or Kent, the "Key-notes" of Allen, Guernsey or Nash, the "Comparative Materia medica" of Gross or Roberts, and many others. Of course all of them have their place in homoeopathy: They are valuable for the student, for acquiring a basic knowledge of materia medica, and to the advanced prescriber for a synopsis of characteristic symptoms of the various remedies.

In regard to the revised materia medica we always refer to primary sources. Going back concerning those to the time of Hering in 1844 - what was available to him? Regarding monographs we find Hahnemann's "Materia Medica Pura" first published exactly 200 years ago, his "Chronic Diseases", and the "Materia Medica Pura" of Hartlaub (1895 - 1939) and Trinks (1800 - 1868) in three volumes. Furthermore periodicals containing provings and clinical cases started their circulation. To mention the first with the date of their start of distribution they were

- in Germany the "Archives of the Homoeopathic Healing Art" (1822),
- in Italy the "Effemeridi di Medicina Omiopatica" (1829)
- in Switzerland the "Bibliothèque Homoéopathique" (1832),
- in France the "Journal de la Médecine Homoéopathique" (1833),
- in the United States the "Correspondenzblatt" in German language and the "American Journal of Homoeopathy" (both in 1835).

Up to 1844 almost 50 different periodicals were distributed in various countries. Some were continued for only a few



**Dr. Klaus-Henning Gypser, MD**

years but others for 20 years or more, covering from 200 to more than 500 pages annually. As all of them contained a large number of provings and clinical observations, Hering was facing the following problems:

1. No practitioner had access to all these works;
2. But even if a physician had most of them in his library he would have to consult many of these works for even one patient, because many remedies had more than one proving.
3. Nobody could gather and use clinical confirmations or pure clinical symptoms, because they were hidden in thousands of reported clinical cases. And even if one attempted the immense effort to find these clinical symptoms for even one remedy in all the available periodicals, these periodicals often lacked proper indexes. So this undertaking was impossible.

Therefore Hering decided

- to collect everything from its primary sources as mentioned before,
- to arrange the symptoms properly, and
- to publish everything in many volumes for the use of the practitioner.

To cut a long story short: Hering failed in this just as T.F. Allen (1837 - 1902) did when he founded the MATERIA MEDICA ASSOCIATION together with one of the Wesselhoeft's in 1889 for the purpose of revising the materia medica. Of course both, Hering and Allen, had published a collection in ten volumes each: "The Guiding Symptoms of Our Materia Medica" (1870 - 1891) and "The Encyclopaedia of Pure Materia Medica" (1875 - 1879). Unfortunately both have their disadvantages:

1. They were incomplete even in the year of publication regarding enclosed provings;
2. Both have their mistakes in regard to translation;
3. The "Guiding Symptoms" contain short-cuts of the proving symptoms causing many mistakes;
4. The "Encyclopaedia" is lacking clinical experiences.

So what is the present position of homoeopathy concerning its materia medica? Is there a fundamental difference for the practitioner of Hering's time and today? No there is not, in spite of many more publications and even in spite of many different software systems. The number of homoeopathic periodicals worldwide increased from about 50 in 1844 to more than 700 nowadays. They include hundreds of thousands of clinical cases and many provings as well. Furthermore a great number of books containing provings and clinical cases have been published. Who can make use of all that information and have quick access to it in daily practice? Nobody.

Why not? Because no practitioner has at his disposal a library covering all this. And even if he would have, how could he find the proper information immediately to solve

a case at hand? One could reply pointing to the different software programs available. Of course they could assist well when one has unlimited time to study. Then an extensive search through the included books and periodicals can be done to find the original symptoms. But in daily practice? Here one has to have the required symptoms at once at his disposal. Therefore a properly arranged extensive standard work of our materia medica is required. It has to include all reliable proving and clinical symptoms published worldwide from the beginnings of homoeopathy until the present time.

In the younger days it was to the late Georg von Keller (1919 - 2003) of Tübingen, Germany, to take up this task. He collected a large homoeopathic library and started to extract all proving and clinical symptoms of a certain remedy from monographs and periodicals. Of course he used primary source material only, because all secondary materials contain short-cuts, omissions, alterations and mistakes. The first monograph he published was about Kreosote in 1973. 13 more monographs followed until 1987 - finishing with Kalium carbonicum covering 523 pages. Being a disciple of Keller beginning in 1978 he taught the speaker all about the procedure in compiling his work. Consequently a project was started by the orator in 1982 listing all homoeopathic journals worldwide from the beginnings of homoeopathy until the present time. This was published under the title "Bibliotheca Homoeopathica" in 1984. The idea was to establish an overview regarding the periodicals that had to be checked for provings and clinical cases. By doing so the planned revision of our materia medica would be comprehensive and all-inclusive in its basis.

In the following years four main steps were done:

1. To build up a homoeopathic library having direct access to all necessary sources. To my own collection were added the collections of Keller, Ellithorp (1946-2004) and P.S. Krishnamurty. At present it totals about 9.000 volumes.
2. To develop a proper scheme of arrangement of the symptoms, a system for references and a lay-out for print.
3. To index monographs and periodicals with the names of remedies for the purpose of localising required provings and case-histories.
4. To verify the accuracy of this procedure to index and arrange the collected symptoms. The drug chosen for that was Dulcamara being of middle size. By the way it probably was the first homoeopathically prescribed drug in India for the cure of Maharaja Ranjit Singh of Lahore by Johann Martin Honigberger (1795 - 1869) in 1839.

The first public announcement of the project was done 20 years ago at the LIGA CONGRESS in Cologne, Germany, with a speaker's paper entitled "The State of the Homoeopathic Materia medica". Making the international homoeopathic community aware of the problems of our tools and the consequences in daily practice was difficult. In those days the belief in the infallibility of our instruments was great. One even had the impression almost nobody at all considered the question whether there might be mistakes for example in our repertories leading to wrong prescriptions. But anybody following the advice of Hahnemann properly should not rely upon repertories exclusively for prescriptions but compare the symptoms of the patient carefully with the primary text of provings or clinical symptoms. To cite from Hahnemann's "Chronic

Diseases" (p. 121):

„With great consciousness [...] the Homoeopath [...] should investigate first the whole state of the patient [...] and then he should carefully find out in the work on Chronic Diseases as well as in the work on Materia Medica Pura a remedy covering in similarity [...] and for this purpose he should not be satisfied with any of the existing repertories - a carelessness only too frequent; for these books are only intend to give light hints as to one or another remedy that might be selected but they can never dispense him from making the research at the first fountain heads. He who does not take the trouble of treading this path in all [...] diseases, [...] but contents himself with the vague hints of the repertories in the choice of a remedy [...] does not deserve the honourable title of a genuine Homoeopath, but is rather be called a bungler.“

Here we have to remember Hahnemann's intention in regard to therapy: He was in great despair concerning the state of traditional medicine because with its instruments it was impossible in any given case to predict the result. The uncertainty of old school treatment affected Hahnemann deeply and finally led him to the discovery of homoeopathy. Regardless of all opinions and theories in the end, one has to find the remedy covering the patient's symptoms as exactly as possible. Therefore the practitioner has to rely upon tools being as reliable as possible.

The project of the revision of the homoeopathic materia medica is realized at the GLEES ACADEMY OF HOMOEOPATHIC PHYSICIANS. Furthermore this institution is dedicated to the post-graduate teachings of homoeopathy for beginners as well as for the advanced. Drawing mainly from this group, about 20 colleagues is putting this project into effect. The steps that have been done and are to be done for each remedy are the following:

1. A listing was made containing mainly those remedies included in Bönninghausen's "Therapeutic Pocket Book" or having a good ranking in the speaker's statistics of successfully prescribed remedies in his clinic. By doing so there was an outcome of about 120 remedies. Using them about 95 per cent of prescriptions in an average clinic is covered. This is the first group of remedies to be tackled, studied, and revised in the first step of the project. Each co-worker is free to take up the remedy he wants.
2. In the library of the ACADEMY several assistants collect the source material. They have to check a great many indexes for each remedy to locate all its provings and clinical cases. These primary publications are photocopied, affixed with bibliographic references and collected in a document file - one for each remedy. Depending upon the remedy this procedure requires many weeks or even months. Finally the document file is handed over to the colleague who selected that remedy for revision.
3. Every colleague has been provided with the software specially written for our project. Furthermore he got an introduction how to put the symptoms into the data base. While doing so colleagues get continuous support by e-mail or telephone as most of them live in Germany.
4. When completed, proof-reading is done three times - by the colleague who put in the data, by another colleague, and finally by myself. Then it goes to print. Generally one volume is dedicated to one remedy. Exceptionally two remedies are put into one volume if each of them consists of a small number of symptoms only.

The arrangement of the symptoms follows the tradition of the head to toe scheme. It starts with mind, which is followed by sensorium, internal and external head, and it ends with sweat, fever and pulse. Many chapters have subdivisions such as internal head being further divided into brain, sides, forehead, temples, vertex and occiput.

The symptoms in each chapter or sub-chapter are alphabetically arranged and numbered in sequence. In this way symptoms can be easily located using the marginal list of numbers counted in groups of five which is the way Hahnemann numbered symptoms in "Materia Medica Pura" and "Chronic Diseases".

Each symptom has abbreviated bibliographic references. In this way every symptom will show its precise source in the literature.

Symptoms of clinical origin are put into square brackets. Consequently the practitioner can make his decision as to which class of symptom - proving or clinical - he likes to base his prescription on.

In the second part of each monograph an extensive bibliography points to the literature used and that which has been considered but not used with comments.

To give an idea of the number of symptoms of certain remedies: Agaricus - 2.257 (three times more than in "Chronic Diseases"); Causticum 3.355 (more than double that in "Chronic Diseases"); Mezereum - 1.854 (three times more than in "Chronic Diseases").

At present 28 remedies have been published with a total number of 34.564 symptoms. 21 are in preparation at this time. Simultaneously a so-called hand-book is composed dividing all symptoms into their elements regarding the idea of a complete symptom. This is the basis of the new repertory which is in outline form currently. It will be published when the first step is completed, that is when about 120 remedies are finished. After that the second step will cover again about 120 remedies of somewhat less importance, and so on.

One day the revised materia medica will also be available as software program fulfilling the requirements of our age. Summarizing it can be said: The revised materia medica includes all accessible and reliable symptoms from provings, toxicological sources and clinical cases found in the international homoeopathic literature from the beginnings of homoeopathy until today. The arrangement of the symptoms serves the needs of the practitioner, and the exact bibliographic references allow checking any entry. This compilation can grow as the homoeopathic materia medica grows. This standard work can be used for further elaborations concerning special repertories or materiae medicae. Up to now the work is available in German language only. But the speaker is confident the international homoeopathic community can participate one day using a translated English edition.

I am thankful to the Family-Ernst-Wendt-Foundation of Germany for supporting the revision, furthermore to Dr. Daniel Cook of Dallas/Texas for reading the manuscript and making suggestions.

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## LMHI President of Honour

**Dr Jacques IMBERECHTS**  
President of LMHI 1998-2001



On August 7, 1930, Dr. Imberechts was born in Gembloux, Belgium, a small town of 7,000 inhabitants at that time.

He is the founder of the Homoeopathia Europea & Internationalis group (HEHI) especially dedicated to proving and clinical verification in the seventies.

And stay an infatigable traveller, outstanding communicator in many languages, shepherd moralizer defending "good" homeopathy.

HEHI groups are everywhere from Europe to America (North and South) and named with remedy names (Staphysagria group, Calcarea group, Petroleum group etc.). He is also the initiator of the Cli-Fi-Col project dedicated to the collection of homeopathic clinical data aimed at further clinical verification of the proving's homeopathic symptoms.

He was LMHI Belgian Vice-President for many years before being elected LMHI prime vice-president (1995).

He is co-founder of the European Committee for Homeopathy (ECH) and was also president of ECH during a while.

He is member of the G.I.R.I. (international research group about high diluted medicines).

He was organizer of the LMHI congress in 1972 (Brussels) and in spite of him co-organizer of the LMHI congress 2008 in Belgium (Ostend). The central topic in of the 2008 LMHI congress was, of course, "clinical verification of homeopathic symptoms".

As he always said when talking to homeopaths: "Do not forget to feed the cow which you are milking!"

Homeopathy takes always the first place in his live and he deserves the honour to be elected in Quito (2013) "President of Honour of the LMHI".

Many thanks Jacques, you are an example for all of us

# Profile of Homoeopathy In South Africa

Having attended my first LMHI Congress in Amsterdam in 1998, it is indeed an honour to have been invited to present a brief overview of my recent award of an Associate Professorship and an insight into the training and practice of Homoeopathy in South Africa.

As South Africa's most senior homoeopathic academic, I have been engaged in academic and clinical teaching and supervision for 18 years. Over this period I have lectured in homoeopathic philosophy, materia medica, clinical homoeopathy, as well as modules of herbal medicine, medical diagnostics and research methodology. In addition I have supervised, and continue to supervise, Master's level students in the on-campus clinic and three off-campus homoeopathic community clinics.

My engagement in research activities of various types is extensive, and over the period of my academic life I have participated in some form in all of the 25 homoeopathic provings that have been conducted at DUT, supervised 15 Master's students in proving research, and have presented a number of papers, most notably at LMHI congresses, relating to various aspects of this specific field of research endeavour. My very first LMHI presentation was of my Master's research into the NMR spectroscopy of homoeopathic Sulphur, in 1999 [Salvador, Brazil]. This study and 8 subsequent NMR studies, which I supervised, were described by Botha at the 2009 LMHI Congress [Warsaw, Poland]. In 2011 I completed a PhD in which I investigated the relationship of proving data to the scientific and traditional African understandings of medicinal plants. I currently serve on the editorial boards of two international homoeopathic journals and, as Chair of the LMHI Committee for Provings, I am currently actively engaged in the LMHI-ECH collaborative project towards the harmonisation of the LMHI and ECH Proving Guidelines.

My involvement in professional and industrial activities over the past 18 years has been extensive and varied. I have served in various capacities on the statutory health council (AHPCSA) [Vice-Chair of Council and Chair of the Education Committee], professional association (HSA), and in more recent times the LMHI. I have served as Chair of a number of professional review panels, have been a member of multi-disciplinary committees of the South African National Department of Health, and have participated in homoeopathic exchange and teaching in India.

I have been the Head of the Department of Homoeopathy at the Durban University of Technology since January 2000. Within this role I have ensured the development of homoeopathic education and training in South Africa, fa-



**Professor Ashley Ross**  
Chair: Committee for Provings

cilitated the growth and exposure of homoeopathy within local communities, and raised the profile of Homoeopathy within the University and the higher education sector in general. In December 2013 I was awarded an Associate Professorship, in recognition of my academic achievements and my contribution to Homoeopathy, education and research. This award is a 'first', and represents a significant step in the acknowledgement of the quality of homoeopathic training in South Africa, and the calibre of South African homoeopathic physicians and researchers. I trust my recent appointment will serve to further enhance the growth and development of the profession in South Africa and the world.

## HOMOEOPATHIC TRAINING IN SOUTH AFRICA

The training of homoeopaths in South Africa is somewhat unique, in that the 5-year full-time Master's degree programme (and one-year internship) [M.Tech.Hom] represents a synthesis of the traditional medical education and a traditional homoeopathic education. This hybrid curriculum arose from a need to produce medically-qualified homoeopathic graduates who were able to assume their role as primary-contact physicians, able to make a diagnosis and to refer, and accept referrals, from other medical doctors and specialists.

The curriculum is structured to include extensive exposure to the basic medical sciences of anatomy, physiology, pathology and diagnostics, including dissection of cadavers, orthodox pharmacology and ward rounds, in the first four years, whilst ensuring a deep formal study of homoeopathic philosophy, Organon and materia medica, and homoeopathic therapeutics throughout the curriculum. The curriculum includes mandatory completion of a Master's level research project on a homoeopathic topic. The M.Tech.Hom curriculum, which entitles the graduate the legal right to treat any condition in any person and to order any medical investigation and engage in referral to and from any medical professional, has been offered since 1989 at the Durban University of Technology (formerly Technikon Natal), and since 1994 at the University of Johannesburg (formerly Technikon Witwatersrand).

Any person wishing to prescribe homoeopathic medicine or practice Homoeopathy in South Africa must be registered as a homoeopathic practitioner with the Allied Health Professions Council of South Africa (AHPCSA). This includes medical practitioners (MBChB or MD) with a post-graduate homoeopathic qualification. All M.Tech.Hom graduates are required to complete a one-year internship prior to registration.

### The Allied Health Professions Council Of South Africa

The Allied Health Professions Council of South Africa (AHPCSA) is a statutory health body established in terms of the Allied Health Professions Act, 63 of 1982, in order to regulate the practice of the diagnostic professions of Homoeopathy, Naturopathy, Phytotherapy, Chiropractic, Osteopathy, Chinese Medicine and Acupuncture, Ayurveda, and Unani-Tibb. The AHPCSA also regulates the therapies of Massage, Aromatherapy and Reflexology. The mandate of the AHPCSA is achieved through the office of the Registrar, a formerly constituted Council, and four professional Boards (one of which relates to the professions of Homoeopathy, Naturopathy and Phytotherapy [PBHNP]). At present both the Chair and Vice-Chair of the Council and the

Chair of the PBHNP are Homoeopathic doctors. The AHPCSA website may be visited at [www.ahpcsa.co.za](http://www.ahpcsa.co.za).

### The Homoeopathic Association Of South Africa

The Homoeopathic Association of South Africa (HSA) is a voluntary association recognised by the AHPCSA as the official representative of the homoeopathic profession in South Africa. The HSA is dynamic and actively engages with government, the Department of Health, the AHPCSA, medical insurers and other organisations and structures that influence the profession of homoeopathy. In 2011 the HSA was accepted as an institutional member of the LMHI. The HSA website may be visited at [www.hsa.org.za](http://www.hsa.org.za).

## LMHI New Secretary's office and LMHI secretary staff



Ms. Evin Turkey

I was born and raised in Izmir, Turkey. I finished high school and university (9 Eylul University, English Teaching Faculty) in Izmir. Worked in the tourism field for 15 years. Traveled to many places. Stayed and worked in the States for a while. At the age of 40 decided to take a break in life and moved to countryside, and began to translate books, tv programs and series for NTV television and for different companies. And life led me to Liga at the beginning of 2014, I started to work as the secretary of a big family, and this really makes me happy and passionate for the things I will do for this association.



Evin Turkey and Dr Renzo Galassi during the recent meeting in Istanbul.

## Obituary of Dr. Fernando Flores Villalva. (1958- 2014)



**Dr. Fernando Flores Villalva**

We have received the sad news of the death on 10/2/2014 of our colleague from Ecuador, Dr. Fernando Flores Villalva. We met him in Quito as one of the organizers of the World Liga Congress last June 2013 and we could appreciate his kindness, his energy and his great knowledge.

He was born on 21/10/ 58, after the Medical degree he studied Homeopathy in Argentina and in his country. He was president and Academic director of the Ecuadorian Homeopathic Medical School. He wrote several books about LM potencies and new provings.

His wife Jeanett sent us these words: " You gathered the best of the Human being under the appearance of kindness, knowledge and Love and good example. Thanks for your fidelity to Homeopathy and your dedication to scientific research. You are and you will be a great enrichment for the current and next generations of Homeopathic doctors."

To the family of Fernando the condolences of all the world Homeopathic fraternity.

### QUIZ CORNER.....for the young colleagues, by Renzo Galassi

1. Which is the remedy when ..... "if cold air or water chills him, his tongue gets lame, and even the jaws" (C.Hering)
2. and.....: "children don't want to be touched. They can't bear even to have you come near them" (Hering)
3. "frequent dreams of robbers in the house, and on awaking will not believe the contrary, till search is made" (Guernsey)
4. "unrefreshing soporuous sleep, with eyes half open; snoring during in- and expiration"
5. With the help of the Kent's repertory find the remedy for a case presenting the following symptoms: desire lemonade, in the morning she has a taste bitter, she feels worse in a warm room, her forehead is painful, as if it would burst, also if questioned the patient doesn't say what is happening, she doesn't answer.
6. If we find a patient with a headache with the following symptoms, which remedy we will prescribe? The pain settle over the left eye and are neuralgic in character. The pains are apt to follow the course of the sun, beginning in the morning, reaching the acme at noon, and generally subsiding at sunset. There is a sensation as if the head were open along the vertex. Worse from noise, jar or thinking.
7. In which paragraph of the Organon 6<sup>th</sup> edition Hahnemann states: "In no case under treatment is it necessary and therefore not permissible to administer to a patient more than one single, simple medicinal substance at one time. It is inconceivable how the slightest doubt could exist as to whether it was more consistent with nature and more rational to prescribe a single, simple medicine at one time in a disease or a mixture of several differently acting drugs. It is absolutely not allowed in homoeopathy, the one true, simple and natural art of healing, to give the patient at one time two different medicinal substances".
8. According to Hahnemann teachings in the 6<sup>th</sup> edition of the Organon, what we have to do if the patient, taking the remedy every day in LM/Q potency, feels an aggravation of his condition?
9. Which remedy comes to our mind if we find a patient with the following mental symptoms? There is great indifference and torpidity of mind; the patient is disinclined to answer questions; he is in a stupor, unconscious of all that goes on around him, but when roused he is fully conscious; he feels home-sickness and is ill from the effects of grief.
10. Hahnemann gives for this remedy the following symptoms: 136 redness of the cheeks, sensible and visible, during the whole day, without thirst and without shuddering, for several days. 88 – the eyes are obscured while reading 34 – headache when shaking the head, with vertigo. 19 great weakness of memory during his peevishness; he had to think quite a while before he could remember anything. 250 in the hepatic region, stitches, when walking 598 – exuberance of ideas does not allow him to sleep after midnight 646 – heat perspires very readily during every, even slight, movement. 377 – fit of coughing, as if from a cold or over-sensitiveness of the nervous system, as soon as the least member of the body becomes cool.

*Answers will be on the next issue of Liga News.*

## Hans Walz Prize Ceremony for Studies on The History of Homeopathy

The Hans Walz Prize of 1,500 euros for work on the history of homeopathy in 2013 went to Dr. Viktoria Vieracker and to the historian Felix von Rechwitz. The Institute for the History of Medicine of the Robert Bosch Foundation has awarded the internationally ausgelobten prize since 2003. Its goal is to promote research into the history of homeopathy outside the Institute and to recognize outstanding work in this area. It was awarded at a ceremony on 6 December 2013.

Viktoria Vieracker analyzed in her dissertation "nosodes and sarcodes" the introduction and development of two groups of homeopathic medicines in the first half of the 19th Century. The second prizewinner Felix von Rechwitz

investigated in his work "Globulizing the hospital ward" comparing the development of two homeopathic hospitals in Madrid and London in the 19th Century.

The prize is financed by funds from the Hans Walz Foundation that has been operational since 1985 as a dependent foundation under the auspices of the Robert Bosch Foundation. Hans Walz (1883-1974) was a close colleague of Robert Bosch Elder and long-time CEO of Robert Bosch, Ltd. and Supervisory Board member of the Stuttgart Homeopathic Hospital Ltd. He dedicated his life both professionally and personally to homeopathy.

(This article was taken from the website: <http://www.igmbosch.de/content/language1/html/11207.asp>)



It represents from left to right Prof. Dr. Robert Jütte (Director of the Institute), prize winners Dr. Viktoria Vieracker and Dr. Felix Stefan von Rechwitz, Prof. Dr. Martin Dinges (Deputy-Director of the Institute), Wolfgang Chur (Board of directors of the Robert Bosch Stiftung)

## XII National Congress FIAMO 2014

### Florence, Italy. Hotel London, Jacopo Diacceto 16/20

**28-30 March 2014**

Main topic: TRAUMA - When an event breaks a physical and emotional balance. Experiences of human and veterinary medicine. FREE THEMES Annual meeting of the Italian homeopathic community.  
 The program is available at: [www.fiamo.it](http://www.fiamo.it)

## VI National Congress of Homeopathy (Spain)

**30 May - 01 June 2014**

On 30th, 31st May and 1st June of 2014 it will be celebrated the VI National Congress of Homeopathy in Madrid; it has been organized by all the homeopathic associations. The main topic will be "For a personalized medicine" (Por una medicina personalizada), it will be pointed out that homeopathic treatments, due to they are personalized, are at the vanguard of the clinical medicine and that it is a point that has started to be suggested very recently by the conventional medicine. There will be talks about Medicine, Pharmacy, Odontology, Veterinary Science and Agro Homeopathy.



Kothen, House of Hahnemann, his desk and his box of remedies.